

## Impact of Time Management on Academic Performance of Undergraduates

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### Abstract :

*The purpose of this paper is to take a look at so as to decide the impact on the overall performance of the pupil in the event that they administer their work in keeping with the time. We realize that a few students receive good marks and a few receive less marks in the exam. IT does not mean that mean that individuals who get less marks are much less successful or less able or less capable than the other students. However commonly it can be observed that due to lack of time management they get low marks in the exam. That is why time management may be very important .Time management is the planning to categorise or divide or classify the quantity of time for a specific challenge or activity. From the study the researcher have discovered that handful of pupil manage their studies in accordance with the available time. However individuals who manage their studies in keeping with the time, their overall performance is higher than the others or other classmates. So we concluded that there's an instantaneous high-quality relation between the time management and overall academic and curricular performance.*

**Keyword:** *Time Management, Performance, Curricular*

### Introduction:

Time management is the method of making plans and controlling over the quantity of time spent on unique to increase effectiveness or performance of work. We can say time management approach starts from identifying the priorities of the work, skills for academic success.

Carla Crutsinger described powerful time management because the method of: Setting dreams, prioritizing ones dreams, deciding how much time to allocate to unique tasks, adjusting plans as they change, revisiting the dreams and priorities regularly, observing results.

	URGENT	NOT URGENT
IMPORTANT	Crying baby kitchen fire some call 1	Exercise vocation Planning 2
NOT IMPORTANT	Interruption distraction other call 3	Trivia busy work Time waster 4

The Eisenhower Method: The Eisenhower Method contains Eisenhower Metric .With the assist of Eisenhower Metric we priorities our work :

**Eisenhower Matrix duties are then dealt with as follows:**

- Important/Urgent quadrant is carried out right away and personally e.g. crises, deadlines, problems.
- Important/Not Urgent quadrant gets a give up date and is carried out personally e.g. relationships, making plans and recreation.
- Unimportant/Urgent quadrant are delegated e.g. interruptions, meetings, activities.
- Unimportant/Not Urgent quadrant are plunged e.g. time wasters, first-rate activities, trivia II

**Review of literature:**

Abdülkadir Pehlivan (2013) in his observe opened that point is an essential useful resource anybody possesses however fails to make use of on the identical degree because of loads of reasons. All the cloth and human sources possessed with the aid of using businesses may be

improved within side the route of time or be converted as time goes on; but the simplest asset that can't be modified or bought or saved is “time” itself. He has been established that there exists a fantastic extensive relation among college students’ grade factor averages and the time attitudes sub-measurement and among monetary accounting grades and the long-variety making plans sub-measurement. It has additionally been established with the aid of using regression evaluation that college students’ time control abilities have an effect on their GPA-route success and those abilities are one of the pre- dictors of grade factor averages and monetary accounting grade points.

**Prof. Mehnaz Kaushar(2013)** in his study revealed that development usually university college students have now no longer needed to manipulate their time correctly previous to university due to the fact they may be shiny and weren’t certainly challenged in excessive faculty. The state of affairs of- ten modifications in university due to the fact anybody who is going to university did nicely in excessive faculty however the complete variety of grades are as- signed. Some college students who received ‘A’ and ‘B’ grade in excessive faculty at the moment are receiving ‘C’ and ‘D’ in university. Those receiving decrease grades are probable no much less successful than the ones receiving better grades however frequently their observe skill, together with time control are much less effective.

**Shazia Nasrullah and Muhammad Saqib Khan(2015)** in their observations discovered that no connection among the time management abilities and educational success of the scholars. Time management may be very vital and it could simply have an effect on individual’s universal overall performance and achievements. The statistics changed into gathered from the scholars of Qurtuba University of Science and Technology to investigate that how correctly they may be handling their time for accomplishing their instructional standards.

### **III. Objective of the study:**

- To examine effect of time management on overall performance of college students.
- To survey how much time is truly devoted by them for their studies.
- To observe the locus of time management in student’s life.

**IV Research Methodology:**

**Data Source** - The statistics accrued for the study is primary data .

**Method**- To observe the relation between time management and educational overall performance the researcher personally met 50 student of DAIMSR College situated at Deekshabhoomi Nagpur.

**V Limitation Of The Study:**

- Research is constrained to undergraduate college students only.
- To understand the student’s psychology is difficult.
- It is a time consuming process.

**VI : Data Analysis:**

<b>Student &amp; Time Management</b>	<b>Response</b>	<b>Percentage</b>
Student managing their work according to the time.	14	28%
Student not managing their work according to the time.	36	72%
Total	50	100 %

<b>Is there a direct positive relation between the time management and the academic performance</b>	<b>%</b>
YES	86%
NO	14%
TOTAL	100%

**VII Result and Interpretation:**

From the examination of data and the facts can be drawn that the 72% scholar do not manage their work and studies in line with the time and Only 28% scholar handle their work in line with the time or do manage the work and time properly. However students who work in line with the time their overall performance is higher than other.

### **VIII Conclusion:**

The intention or objective of this paper is to examine the connection between the time management and overall academic performance of the students. From the study it was observed that handful of students managed their work in line with the time however those who managed their work or studies in accordance with the time their overall performance was higher than other. So it can be concluded that there may be an immediate advantageous relation between the time management and educational overall performance.

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